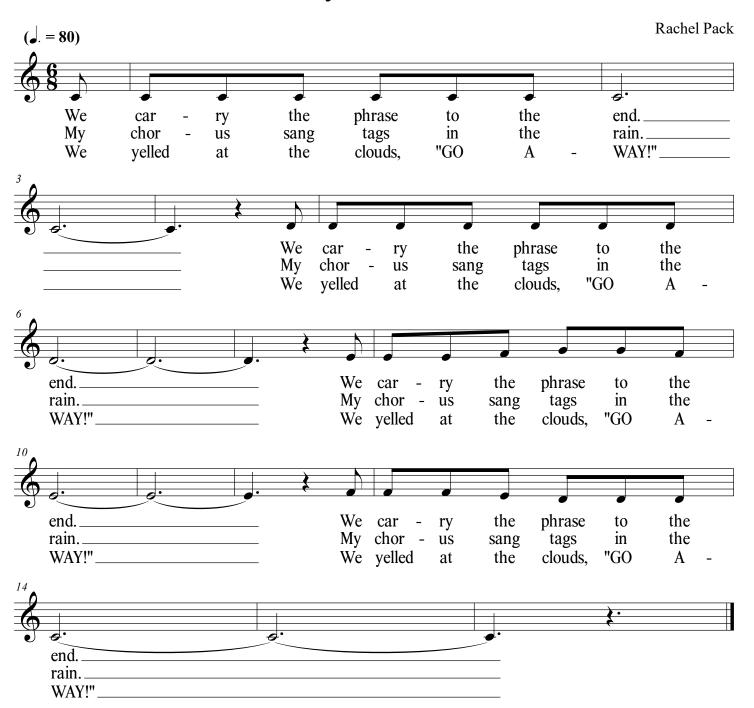
Carry the Phrase



Purpose: This warm-up strengthens phrase completion by training consistent vocal energy through the end of each line—even into the rests. It supports dynamic control, breath planning, and expression through vowel and consonant articulation.

Summary: "Carry the Phrase" focuses on sustaining intention and sound all the way to the end of each phrase. Even when a rest follows, the voice should maintain or grow in energy and volume leading into it—never fading out too soon. Final words are sung making sure every word sound is clear and connected. This helps reinforce vocal stamina, dynamic shape, and phrasing that feels complete. The result is a more engaging, expressive delivery.