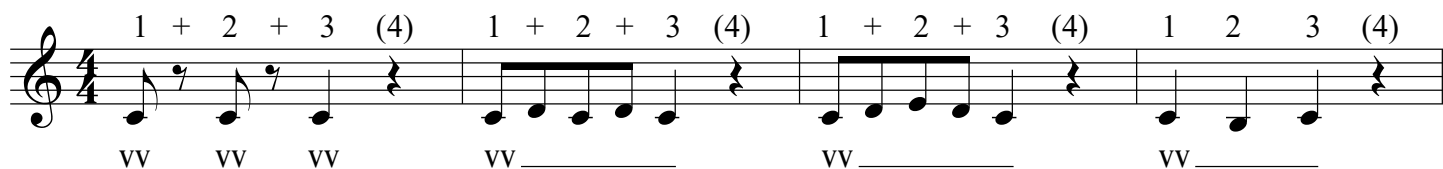


Variations on "vv"

Rachel Pack

(♩ = 85)



Purpose: This exercise helps improve breath control, airflow consistency, and vocal relaxation.

Summary: Begin by forming the "vv" sound with your bottom lip gently touching your top teeth, ensuring a steady and unrestricted airflow. Keep the back of your mouth open and your tongue relaxed. In the first measure, practice stopping the sound during each rest. In the following measures, focus on maintaining a continuous, uninterrupted flow of sound.